

FIRST FIT TRAINING

2021

Tennis PROGRAMS

FFT Tennis Programs

Location	Program + Age	Term	Schedule	Level	Price/ session
West Bay Lagoon	Tennis(Age 9-11)	Sep 06-Oct 31	Thursdays 3:00-4:00	Beginner	QR 75
Ain Khaled Gate Boys	Tennis (Age 7-10)	Sep 06-Oct 31	Wed/Sat 6-7 pm	Intermediate	QR 75
Ain Khaled Gate Mix	Tennis (Age 5-7)	Sep 06-Oct 31	Mon 6-7/Wed 7-8	Beginner	QR 75
Messilah Gardens	Tennis (Age 5-6) Residents Only!	Sep 06-Oct 31	Mon/Wed 4:00-5:00	Beginner	QR 75
Messilah Gardens	Tennis (Age 7-9) Residents Only!	Sep 06-Oct 31	Mon/Wed 5:00-6:00	Beg/Inter	QR 75
Qipco	Age 8-12	Sep 06-Oct 31	Tuesday 5-6	Beginner	QR 70
Alwaab	Age 5-6	Sep 06-Oct 31	Saturday 4-5	Beginner	QR 70

FFT Tennis Programs

Location	Program + Age	Term	Schedule	Level	Price/ session
Qipco Compound	Tennis (Age 4-6)	Sep 06-Oct 31	Sun/Tues 4:00-5:00	Beginner	QR 75
Qipco Compound	Tennis (Age 8-11)	Sep 06-Oct 31	Mon/Wed 4:00-5:00	Intermediate	QR 75
Qipco Compound	Tennis (Age 11-14)	Sep 06-Oct 31	Mon/Wed 5:00-6:00	Beginner	QR 75
Qipco Compound	Tennis (Age 6-8)	Sep 06-Oct 31	Tuesdays 5-6	Beginner	QR 75
Qipco Compound	Tennis (Age 4-5)	Sep 06-Oct 31	Monday 4-5	Beginners	QR 70
Qipco Compound	Tennis (Age 6-7)	Sep 06-Oct 31	Thursdays 3-4	Beginner	QR 70
Qipco Compound	Tennis (Age 5-7)	Sep 06-Oct 31	Sunday 5-6	Beginner	QR 70